

SHR Employee Corporate Rates

The following Fitness Centres/Gyms provide discounts for SHA employees when they show their I.D. card. Discounts and prices vary for each Fitness Centre/Gym. Please contact them directly to find out what the current corporate rates are.

Name of Fitness Centre/Gym	Contact information
Fitness Focus Health and Athletic Centre	1250 Ontario Ave. S7K 1S5 Ph: 244-6413 www.fitnessfocus.ca
Motion Fitness	431 Nelson Road S7S 1P4 Ph: 975-1003 ext 1 3110 Clarence Ave. Ph: 975-1003 ext 2 Motionfitnesssaskatoon.ca
Snap Fitness	1(A) 254 Primrose Drive Saskatoon, SK S7K 6Y6 Ph: 242-7627 snapfitness@sasktel.net
Mawson Health and Fitness	119 – 105 th Street East Saskatoon, SK S7N 1Z2 Ph: 477-4273 Fax: 477-4283 mawson-fitness.com
YWCA of Saskatoon	510 25th St. East S7K 4A7 Ph: 244 0944 Fitnesson25th.com fdyck@ywcaskatoon.com
Freedom Functional Fitness	Idylwyld Drive and 20 th Street Saskatoon Phone: 306 384-7600 Web: freedomsaskatoon.com Email: noel@freedomsaskatoon.com

Humboldt Uniplex	619-17 th Street Humboldt, SK S0K 2A0 Phone: 306-682.2597 Email: communityleisureservices@humboldt.ca
Wrench Fitness, Martensville	551 Centennial Drive North Martensville, SK Phone: (306) 249-4FIT (4348) Email: info@wrenchfitness.com www.wrenchfitness.com
LIFECYCLE Spin Studio	1002 Broadway Avenue, Saskatoon SK S7N 1B9 www.lifecyclespinstudio.com PHONE : 306-665-9981